

Training Children for Independence

September 16, 2012

AGE 3

Dress Self
Toilet Trained
Spread Up Bed
Pick Up Toys
Wash Walls
Sweep w/ Hand Broom
Obedience
Yes, Ma'am/Sir
Personal Vitals/Age

AGE 4

Make PBJ
Beginning Room Cleaning
Clean Glass Table
Wash Face
Floss Teeth
Comb Hair
Learn Proper Manners
Scripture Memory
Begin Swimming

AGE 5

Straighten Rooms
Vacuum
Empty Garbage
Set Table
Clear Table
Make Own Lunch
Outfit Matching
Memorize Phone/Address
Poetry Recitation

AGE 6

Dusting
Set Table Properly
Clean Sinks
Water Plants
Call & Answer Phone
Laundry Sorting
Canned Food Warm up
Tie Shoes
Make Sandwiches

AGE 7

Wash Dishes
Learn Nutrition & Body Care
Clean Toilets
Pull Weeds/Garden Care
Get Up w/Alarm Clock
Learn Proper Table Manners
Learn Proper Etiquette
Use Camera
Beg. Embroidery & Hoop
Knitting
Money Management
Savings Account
Begin Piano

AGE 8

Grooming Hair & Nails
Take Showers Alone
Clean Mirrors
Load & Unload Dishwasher
Care for Pet & Chickens
Bake a Cake Mix
Cook Oatmeal
How to Build a Fire
Purchase Clothing
Wrap Gifts
Set & Work on Goals
Paid Household Jobs
Write Letters to Pen Pal
Cook Eggs & Toast

AGE 9

Mop Floors
Bake Cookies from Scratch
Cook Vegetables
Emergency Preparation
First Aid
Fill Car with Gas (CA)
Wash Car
Clean Interior of Car
Hammer Nails/Saw Wood
Read w/Comprehension
Keep School Planner
Begin Typing
Mow Lawn
Proficient Swimmer

AGE 10

Exercise Program
Clean Stove & Oven
Make 6-8 Types of Salads
Use Blower
Use a Pay Phone
Place a Long Distance & a Collect Call
Basic Hand Sewing/Mending
Sew Button On
Basic Filing
Read Newspaper
Use Filtered Internet & Email
Begin MS WORD
Wilderness Survival
Basic Firearm Handling
Proficient at Piano

AGE 11

Arrange for Own Haircuts
Clean Refrigerator
Clean Cupboards
Straighten Drawers/Closets
Beginning Meal Planning
Cook Several Meals
Bake Bread & Pies
Ironing
Use Weed Whacker
Garden Maintenance
Babysitting Class
Use Video Camera
Shopping & Sales
Basic Knit/Crochet

AGE 12

Current Events & Politics
Public Speaking
Make & Keep Dentist Apt.
Order Something by Phone,
by Mail & by Internet
Check Fluids in Car
Paint Interior/Exterior of
House
Babysitting Siblings
Sewing on Machine
Clean Windows
Get Own Email Address
Personal Defense
Work Family Business

AGE 13

Party Planning
Advanced Cooking Class
Grocery Shopping & Planning
Food Storage Basics
Own Budget Book
Type without Looking
Memorize SS#
Make Up Care
Laundromat How To
Public Trans How To

AGE 14

Hunter Safety
Firearm Cleaning & Care
Attend Movies w/Sibling
Pay House Bills/Balance
Household Checkbook
Certify CPR
Interest/Debt/Securities
Credit & Debit Cards
Herb & Prescription Use
Change Flat Tire
Basic Mechanics
Structural House Repairs
Clean & Organize Garage
Sell Items on Internet
Begin MS EXCEL
How to BBQ

AGE 15

Government/Law
Voting Process
Economics
Career & College Planning
Plan & Build Project w/ Dad
Business Management Basics
Packing for Vacation/Camping

AGE 16

Career & College Prep
College Courses
Cell Phone & Pay for It
Checking Acct./Reconcile Bank
Statement
Interviewing Skills
Resume Prep.

AGE 17 & 18

Focus on: School, College
Classes or Career Prep, Public
Speaking, Reading List,
Missions, Homemaking and
Paid Job.
Driving Practice
Get Driver's License